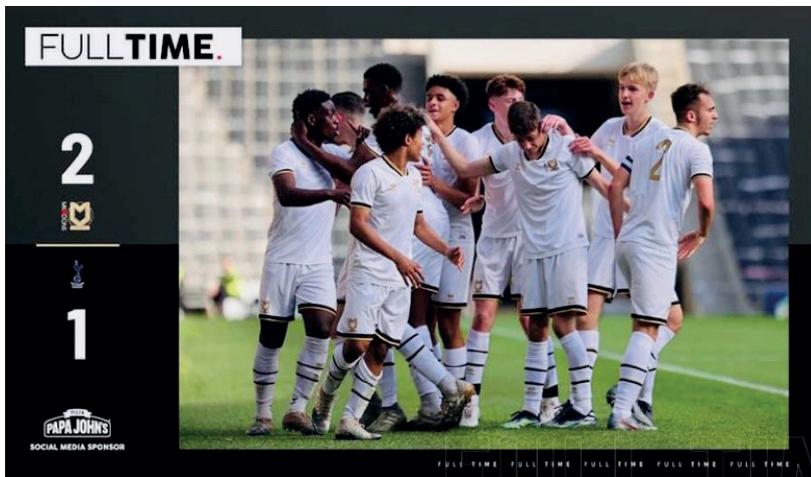




ANDERSON CATERING  
CREATIVE DINING FROM AROUND THE WORLD



## MK DONS ACADEMY - FUELLING FUTURE STARS!

As we recover from all the football craziness, Anderson Catering are excited to announce its latest venture - providing nutritionally balanced meals for the scholars at the MK Dons Academy.

For those lucky 16 - 18 year olds that have impressed, our local team offers an amazing opportunity as they are taken on by MK Dons and trained to become potential professional footballers.

The lads are supported by expert and dedicated coaching staff and put through their paces daily as well as attending college and playing weekend matches.

Fuelling the body fuels performance and Anderson Catering have designed bespoke menus to pile on the protein and nutrients to keep the lads in peak condition. Using our qualifications in Nutrition & Health, we have designed lunches that provide the footballing scholars with the energy they need for their demanding training schedule whilst never compromising on flavour.

The lads are really enjoying the food - Jerk Chicken with vegetable rice is proving popular and in the coming weeks, we will be trialling our homemade protein bars made with oats, fruit and nuts.

Feeding these young men with their healthy appetites, who are all so polite and appreciative, is an absolute pleasure. The discipline and enthusiasm we see when we attend the training ground at Woughton-on-the-Green is truly impressive.

We were thrilled to attend an exhibition match in May, whereby the MK Dons Academy players took on the Premiership academy of Tottenham Hotspur and beat them 2 -1 !

We are expecting great things from this current cohort and feel privileged to be part of their journey.



## MK DONS ANNOUNCE NEW ACADEMY SCHOLARS

Visit the MK Dons website, click "News" and you'll be able to read the full announcement and discover more about this new, exciting intake of young football scholars.

<https://www.mkdons.com/news/2021/july/mk-dons-announce-new-academy-scholars/>

